



## Saint Benedict Episcopal Church The Tenth Sunday after Pentecost The Weekend of July 31-August 1 | 6pm, 8am and 10am

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Welcome to Saint Benedict Episcopal Church, a church that feels like family! We are glad to have you worship with us today. If you are a newcomer, please complete a Welcome Card and place it in the offering plate so we can extend our welcome beyond this service. Additional information about Saint Benedict's and our ministries may be found online at [www.saintbenedicts.org](http://www.saintbenedicts.org). Rite I (Sunday 8:00am) of The Holy Eucharist begins on page 323 of the Book of Common Prayer (BCP); responses for this service are in **red**. Rite II (Saturday 6:00pm and Sunday 10:00am), on page 355 (BCP). Congregational responses for all services are found in **bold**. The music for the service is taken from the blue Hymnal 1982 (H-1982) and the red, green, and black hymnal Lift Every Voice and Sing (LEVAS). Prepare your hearts to celebrate in Word and Sacrament, the Holy Eucharist.

### THE GATHERING

#### Organ Voluntary

Hymn 388 O Worship the King, all Glorious above      sung by all      Hanover

Opening Acclamation      the Celebrant leads:

Blessed be God: + Father, Son, and Holy Spirit:

**And blessed be His kingdom, now and forever. Amen.**

*The Collect for Purity:* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

#### **\*(8:00am Rite I) The Decalogue and Kyrie Eleison**

*The Celebrant continues:* Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets. *Sung by all:* **Lord have mercy upon us. Christ have mercy upon us. Lord have mercy upon us.**

#### **Gloria in Excelsis**

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father. We worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God. You take away the sins of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. **Amen.**

**by Robert Powell and Healey Willan**  
**\*(8:00am Rite I):** Glory be to God on high and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. **Amen.**

## At the Collect

The Lord be with you.  
**And also with you.**  
Let us pray.

**\*(8:00am Rite I): And with Thy Spirit.**

*The Collect of the Day:* Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## **THE WORD OF GOD** *We sit to listen to God's Word from Old and New Testaments*

### **A Reading from the Book of Exodus**

*Exodus 16:2-4, 9-15*

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not." Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat." The Word of the Lord. **Thanks be to God.**

**Attendite, popule** *to be read responsively by verse*

*Psalm 78:23-29*

23 So he commanded the clouds above \*  
and opened the doors of heaven.

**24 He rained down manna upon them to eat \*  
and gave them grain from heaven.**

25 So mortals ate the bread of angels; \*  
he provided for them food enough.

**26 He caused the east wind to blow in the heavens \*  
and led out the south wind by his might.**

27 He rained down flesh upon them like dust \*  
and winged birds like the sand of the sea.

**28 He let it fall in the midst of their camp \*  
and round about their dwellings.**

**29 So they ate and were well filled, \*  
for he gave them what they craved.**

## **A Reading from a letter of Paul to the Ephesians**

*Ephesians 4:1-16*

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore, it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love. The Word of the Lord. **Thanks be to God.**

**Hymn 529 In Christ there is no East or West** *sung by all, standing*

*McKee*

## **The Holy Gospel of our Lord Jesus Christ according to John**

*John 6:24-35*

**Glory to You, Lord Christ.** The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." The Gospel of the Lord. **Praise to You, Lord Christ.**

**Sermon** *the People sit*

**The Reverend Albert R. Cutie**

**The Nicene Creed** *sung by all standing*

BCP pg. 358

**The Prayers of the People** *led by Lay Member*

Form III

Father, we pray for your holy Catholic Church;  
**That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;  
**That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons;  
**That they may be faithful ministers of your Word and Sacraments.**

We pray for all who govern and hold authority in the nations of the world;  
**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;  
**That our works may find favor in your sight.**

Have compassion on those who suffer from any grief or trouble;  
**That they may be delivered from their distress.**

+ Give to the departed eternal rest.  
**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy;  
**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others.

*The ministers continue with prayers for members of our community with special needs and acknowledgement of upcoming birthdays and anniversaries, concluding with a prayer to which the people respond: **Amen.***

**Confession of Sin** Let us confess our sins against God and our neighbor.

*please kneel as you are able, said by all:*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*The ministers continue with the absolution, the People respond:*  
**Amen.**

**The Peace**

*Please greet your neighbor according to social distancing guidelines*

The Peace of the Lord be always with you.

**And also with you.**

**\*(8:00am Rite I): And with Thy Spirit.**

**Welcome and Announcements** *the People are invited to sit*

*The people remain seated while an offering is received to support Saint Benedict's work of sharing God's love with the world. Please be generous - we count on your support year-round. Text "give7801" to 1-888-364-4483. You may also make a secure donation online at our website [www.Saintbenedicts.org](http://www.Saintbenedicts.org) or via the Saint Benedict's app.*

**THE LORD'S TABLE**

**Hymn** *sung by all, standing*

*Holy Manna*



1. All who hun - ger gath - er glad - ly; ho - ly man - na is our bread.  
 2. All who hun - ger, nev - er stran - gers, seek - er, be a wel - come guest.  
 3. All who hun - ger, sing to - geth - er, Je - sus Christ is liv - ing bread.



Come from wil - der - ness and wan - d'ring. Here in truth we will be fed.  
 Come from rest - less - ness and roam - ing. Here, in joy we keep the feast.  
 Come from lone - li - ness and long - ing. Here, in peace we have been fed.



You that yearn for days of full - ness, all a - round us is our food.  
 We that once were lost and scat - tered in com - mun - ion's love have stood.  
 Blest are those who from this ta - ble live their days in grat - i - tude.



Taste and see the grace e - ter - nal. Taste and see that God is good.  
 Taste and see the grace e - ter - nal. Taste and see that God is good.  
 Taste and see the grace e - ter - nal. Taste and see that God is good.

**Doxology** *remain standing, sung by all*

*Old Hundredth*

**Praise God from whom all blessings flow, Praise Him all creatures here below; Praise Him above ye heavenly hosts, Praise Father, Son, and Holy Ghost. Amen!**

**The Great Thanksgiving** *The service continues on p. 361 (Rite I on p. 333) of the Book of Common Prayer*

**\*(8:00am Rite I):**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give Him thanks and praise.**

The Lord be with you.

**And with Thy Spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks unto our Lord God.

**It is meet and right so to do.**

*The Celebrant continues with the Preface and Sanctus:*

**\*(8:00am Rite I): Holy, holy, holy Lord God of hosts: heaven and earth are full of Thy glory. Glory be to Thee, O Lord Most High. +Blessed is he that cometh in the name of the Lord. Hosanna in the highest.**

*The people remain standing or kneel as the Celebrant continues with the Eucharistic Prayer, to which the congregation responds: **Christ Has Died. Christ is Risen. Christ will come again, and sings: Amen.***

**The Lord's Prayer** *said by all, standing*

**The Breaking of the Bread and Fraction Anthem**

*The bread is broken. Silence is kept.*

Alleluia! Christ our Passover is sacrificed for us:

**Therefore let us keep the feast. Alleluia!**

**Agnus Dei**     *please kneel as you are able*

Lamb of God, you take away the sins of the world: **have mercy on us.** *[twice]*

Lamb of God, you take away the sins of the world: **grant us Thy peace.**

**Prayer of Humble Access**     *said by all*

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

**Hymn 335 I am the Bread of Life**     *sung by all, standing*

*Bread of Life*

**The Post Communion Prayer**     *said by all standing*

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart, through Christ our Lord. Amen.**

**\*(8:00am Rite I):** Almighty and ever living God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

## **THE SENDING FORTH**

The Lord be with you.

**And also with you.**

**The Final Blessing +**

*The Rector pronounces the blessing to which the congregation responds:*

**Amen.**

**Hymn 680**     *sung by all standing*

*St. Anne*

**The Dismissal**     *led by the Deacon*

Go forth in peace, rejoicing in the power of the Spirit. **Thanks be to God.**

**Organ Voluntary**

# WHAT'S HAPPENING AT SAINT BENEDICT'S?

## July 31-August 1

### FIND YOUR PLACE AT SAINT BENEDICT'S:

Now is a perfect time for members and newcomers to explore ways to grow deeper in our parish, as well as offer your time, talent, and treasure to support the life of Saint Benedict's. Learn more about our 60+ ministries by clicking the ministries tab at [www.saintbenedicts.org](http://www.saintbenedicts.org) or speak with a member of the ministerial team by calling the Parish Office 954-473-6578. Connection to the parish during this "season of separation," is bound to bring blessing and faith-based partnership to all those willing to engage.



### LAUGH OUT LOUD (LOL):

After having children, Adam and Eve started getting a lot of questions from their kids about why they no longer lived in Eden. Adam has a simple answer for this: "Your mother ate us out of house and home."

### HAVE AN ANNOUNCEMENT?

Please submit all announcements to our Parish Administrator Ms. Wendy Williams no later than Wednesday at Noon by email [parishoffice@saintbenedicts.org](mailto:parishoffice@saintbenedicts.org) or by calling 954-473-6578. Thank you!

### CHOIR MEETING TUESDAY, AUG 13, 7PM

Calling all choristers and individuals interested in joining this area of ministry. Please join us in the sanctuary for a brief meeting and 1<sup>st</sup> rehearsal (socially distant) since March 2020. For more info, Please see Xavier Richardson, Director of Music and Organist or email [zavirich@gmail.com](mailto:zavirich@gmail.com).

### A MESSAGE FROM OUR RECTOR:



Come experience the love of God with us as we worship, serve, and follow the way of Jesus together. We invite you to join us at one of our many summer services. God Bless You and Happy Summer. Fr. Albert!

**NEED PRAYER:** At the core of our faith is the practice of prayer, which is especially important in this temporary season of navigating the COVID-19 pandemic. In addition to your daily prayers, the clergy and members of pastoral care teams are available to offer prayer support. You may submit your request online at [www.saintbenedicts.org/prayer-requests](http://www.saintbenedicts.org/prayer-requests) or via Parish Administration Ms. Wendy Williams (954-473-6578).

### TRAVELING THIS SUMMER:

As you travel this summer, please remember to support your church. We rely on your financial support year-round and appreciate your support in helping us reach our community and world with the Word of God, especially during these COVID times. Also, please remember to be safe, aware of your surroundings, and do your part in bringing an end to this global pandemic.

### LAST WEEK'S OFFERING TO GOD:

Our weekly operating budget is \$10,000, and none of our fixed expenses have changed during the COVID-19 Pandemic. Please be as generous as you can be in your regular pledging and offerings. God bless you:

**Operating: \$4,552.36**  
**Building: \$877.00**  
**Online Giving: \$3,219.00**  
**Total: \$8,648.30**



## SAINT BENEDICT EPISCOPAL CHURCH

EPISCOPAL DIOCESE OF SOUTHEAST FLORIDA – WORLDWIDE ANGLICAN COMMUNION

*Our mission is to know Christ's love and to make His love known.*

“Live Worship Times” [www.facebook.com/saintbenedicts/](http://www.facebook.com/saintbenedicts/)

Saturday and Sundays: All services “In-person” (10:00 AM Service ONLINE and in-person)  
To receive Holy Communion in your car – a minister will come to you at Communion time.  
We have a “Communion Lane” on the East Side Church Entrance.

**SUNDAYS: 8:00, 10:00 and 11:30 (Spanish) AM HOLY EUCHARIST**

**MONDAY: MORNING PRAYER 8:30 AM**

**TUESDAY: MORNING PRAYER 8:30 AM**

**WEDNESDAY: HEALING PRAYERS 7:00 PM**

**THURSDAY: MORNING PRAYER 8:30 AM**

**SATURDAY: 6:00 PM HOLY EUCHARIST RITE II**

**(In Church Service and Drive-In Church)**

The Reverend Dr. Albert R. Cutie, Rector and Celebrant  
The Reverend Debra McLaughlin, Deacon  
Mr. Xavier W. Richardson, Director of Music & Organist  
Ms. Wendy Williams, Parish Administrator