



## Saint Benedict Episcopal Church The First Sunday of Lent

February 25 and 26, 2023 | 6pm, 8am and 10am

Welcome to Saint Benedict Episcopal Church, a church that feels like family! We are glad to have you worship with us today. If you are a newcomer, please complete a Welcome Card and place it in the offering plate so we can extend our welcome beyond this service. Additional information about Saint Benedict's and our ministries may be found online at [www.saintbenedicts.org](http://www.saintbenedicts.org). Rite I (Sunday 8:00am) of The Holy Eucharist begins on page 323 of the Book of Common Prayer (BCP); responses for this service are in **red**. Rite II (Saturday 6:00pm and Sunday 10:00am), on page 355 (BCP). Congregational responses for all services are found in **bold**. The music for the service is taken from the blue Hymnal 1982 (H-1982) and the red, green, and black hymnal Lift Every Voice and Sing (LEVAS). Please stand at the introduction of hymns. Prepare your hearts to celebrate in Word and Sacrament, the Holy Eucharist.

### THE HOLY EUCHARIST

Rite I of The Holy Eucharist begins on **page 323** of the Book of Common Prayer - and Rite II begins **on page 355**.

#### The Invitation to a Holy Lent

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith. I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now walk with the Lord, our maker and redeemer through his temptation and fast.

*The solemn procession begins, chanted in procession.*

#### The Great Litany

see Blue Hymnal #S67 or Red BCP pg. 148

#### The Lenten Acclamation

+ Bless the Lord who forgives all our sins.  
**His mercy endures forever.**

### THE WORD OF GOD

#### Collect for the First Sunday of Lent

The Lord be with you.  
**And also with you.**  
Let us pray.

**\*(8:00am Rite I): And with Thy Spirit.**

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## A Reading from the Book of Genesis

Genesis 2:15-17; 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves. The Word of the Lord. **Thanks be to God.**

## Psalm 32

1 Happy are they whose transgressions are forgiven, \*

**and whose sin is put away!**

2 Happy are they to whom the LORD imputes no guilt, \*

**and in whose spirit there is no guile!**

3 While I held my tongue, my bones withered away, \*

**because of my groaning all day long.**

4 For your hand was heavy upon me day and night; \*

**my moisture was dried up as in the heat of summer.**

5 Then I acknowledged my sin to you, \*

**and did not conceal my guilt.**

6 I said, "I will confess my transgressions to the LORD." \*

**Then you forgave me the guilt of my sin.**

7 Therefore all the faithful will make their prayers to you in time of trouble; \*

**when the great waters overflow, they shall not reach them.**

8 You are my hiding-place;

you preserve me from trouble; \*  
**you surround me with shouts of deliverance.**

9 "I will instruct you and teach you in the way that you should go; \*

**I will guide you with my eye.**

10 Do not be like horse or mule, which have no understanding; \*

**who must be fitted with bit and bridle, or else they will not stay near you."**

11 Great are the tribulations of the wicked; \*

**but mercy embraces those who trust in the LORD.**

12 Be glad, you righteous, and rejoice in the LORD; \*

**shout for joy, all who are true of heart.**

## A Reading from the Letter of Paul to the Romans

Romans 5:12-19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many

died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous. The Word of the Lord. **Thanks be to God.**

**Gradual Hymn**

*Bradbury*

1. Sweet hour of prayer, sweet hour of prayer, that calls me from a world of care,  
 2. Sweet hour of prayer, sweet hour of prayer, thy wings shall my pe - ti - tion bear  
 and bids me at my Fa - ther's throne make all my wants and wish - es known.  
 to him whose truth and faith - ful - ness en - gage the wait - ing soul to bless;  
 In sea - sons of dis - tress and grief my soul has of - ten found re - lief.  
 and since he bids me seek his face, be - lieve his word and trust his grace.  
 And oft es - caped the tempt - er's snare by thy re - turn, sweet hour of prayer.  
 I'll cast on him my ev - 'ry care, and wait for thee, sweet hour of prayer.

**The Holy Gospel of our Lord Jesus Christ according to Luke  
 Glory to You, Lord Christ.**

*Luke 4:1-11*

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him. The Gospel of the Lord. **Praise to You, Lord Christ.**

**The Sermon**

**The Reverend Albert R. Cutié**

**The Nicene Creed**

BCP p 358

Father, we pray for your holy Catholic Church;  
**That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;  
**That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons;  
**That they may be faithful ministers of your Word and Sacraments.**

We pray for all who govern and hold authority in the nations of the world;  
**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;  
**That our works may find favor in your sight.**

Have compassion on those who suffer from any grief or trouble;  
**That they may be delivered from their distress.**

Give to the departed eternal rest.  
**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy;  
**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others.

**Confession of Sin**

Deacon: Let us confess our sins against God and our neighbor.

All: **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

**The Peace**

The Peace of the Lord be always with you.

**And also with you.**

**\*(8:00am Rite I): And with Thy Spirit.**

**Announcements**

**THE OFFERTORY**

*The people remain seated while an offering is received to support Saint Benedict's work of sharing God's love with the world. Please be generous - we count on your support year-round. You may also make a secure donation online at our website [www.saintbenedicts.org](http://www.saintbenedicts.org).*

**Offertory Anthem (10am): "Search Me, O God"**

**Choir**

1. Forty days and forty nights  
thou wast fasting in the wild;  
forty days and forty nights  
tempted, and yet undefiled.

2. Should not we thy sorrow share  
and from worldly joys abstain,  
fasting with unceasing prayer,  
strong with thee to suffer pain?

3. Then if Satan on us press,  
Jesus, Savior, hear our call!  
Victor in the wilderness,  
grant we may not faint or fall!

4. So shall we have peace divine:  
holier gladness ours shall be;  
round us, too, shall angels shine,  
such as ministered to thee.

5. Keep, O keep us, Savior dear,  
ever constant by thy side;  
that with thee we may appear  
at the eternal Eastertide.

Presentation Hymn

Tallis Canon

1. We gath - er at your ta - ble, Lord: we hum - bly lift our hearts to you.  
2. We share this meal and we are fed. Such bas - ic gifts be - come your sign:  
Here all are wel - comed, all re - stored, and all are giv - en work to do.  
we see you bro - ken in the bread; we know your love in com - mon wine.

THE HOLY COMMUNION

The Great Thanksgiving *The service continues on p. 361 (Rite I on p. 333) of the Book of Common Prayer*

*Celebrant:* The Lord be with you.

**All: And also with you.**

*Celebrant:* Lift up your hearts.

**All: We lift them up to the Lord**

*Celebrant:* Let us give thanks to the Lord our God.

**All: It is right to give him thanks and praise.**

**\*(8:00 am) And with thy spirit.**

**\*(8:00 am): We lift them up unto the Lord**

**\*(8:00 am): It is meet and right so to do.**

Preface

Sanctus

**\*(8:00am Rite I): Holy, holy, holy Lord God of hosts: heaven and earth are full of Thy glory. Glory be to Thee, O Lord Most High. +Blessed is he that cometh in the name of the Lord. Hosanna in the highest.**

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, heav - en and  
 earth are full of your glo - ry. Ho - san - na in the high - est.  
 Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

*The people remain standing or kneel as the Celebrant continues with the Eucharistic Prayer, to which the congregation responds: **Christ Has Died. Christ is Risen. Christ will come again, and sings: Amen.***

**The Lord's Prayer**

**The Breaking of the Bread and Fraction Anthem**

Christ our Passover is sacrificed for us:  
**Therefore let us keep the feast.**

**Agnus Dei**

Lamb of God, you take a - way the sins of the world: have mer - cy on us.  
 Lamb of God, you take a - way the sins of the world: have mer - cy on us.  
 Lamb of God, you take a - way the sins of the world: grant us peace.

**Prayer of Humble Access**

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

**Communion Hymns: Just As I Am  
 I Am Thine O Lord**

**Hymnal 693  
 LEVAS 129**

## The Post Communion Prayer

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart, through Christ our Lord. Amen.**

**\*(8:00am Rite I): Almighty and ever living God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

## Final Blessing:

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

## Recessional Hymn: Lift Ev'ry Voice and Sing

1 Lift ev'ry voice and sing,  
Till earth and heaven ring,  
Ring with the harmonies of liberty;  
Let our rejoicing rise  
High as the list'ning skies,  
Let it resound loud as the rolling sea.  
Sing a song full of the faith that the dark past  
has taught us;  
Sing a song full of the hope that the present has  
brought us;  
Facing the rising sun  
Of our new day begun,  
Let us march on till victory is won.

2 Stony the road we trod,  
Bitter the chast'ning rod,  
Felt in the days when hope unborn had died;  
Yet with a steady beat,  
Have not our weary feet  
Come to the place for which our fathers sighed?  
We have come over away that with tears has  
been watered;

We have come, treading our path through the  
blood of the slaughtered;  
Out from the gloomy past,  
Till now we stand at last  
Where the white gleam of our bright star is cast.

3 God of our weary years,  
God of our silent tears,  
Thou who hast brought us thus far on the way;  
Thou who hast by thy might,  
Led us into the light,  
Keep us forever in the path, we pray.  
Lest our feet stray from the places, our God,  
where we met thee;  
Lest our hearts, drunk with the wine of the world,  
we forget thee,  
Shadowed beneath Thy hand,  
May we forever stand,  
True to our God, true to our native land.

## The Dismissal

Let us bless the Lord.

**Thanks be to God.**

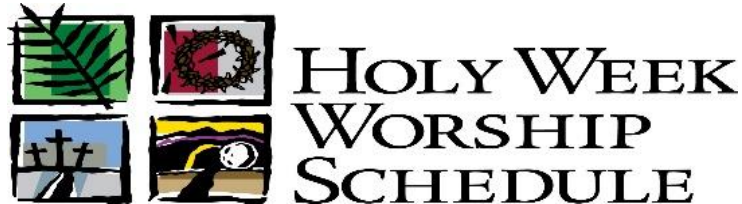
## Postlude:

## LAST WEEK'S OFFERING TO GOD:

Online: \$3,825.00  
Operating: \$4,203.81  
Building: \$200.00  
Total: \$8,228.81

Thank you for your dedication to your parish, and may God bless you for your generosity.  
To sign up for ONLINE GIVING please visit our website and select the "Giving" tab

[www.saintbenedicts.org](http://www.saintbenedicts.org)



***St. Benedict's welcomes you to our Holy Week services:***

### **Palm Sunday - April 1<sup>st</sup> and April 2<sup>nd</sup>**

Saturday, April 1<sup>st</sup> at **6:00 pm** with the Procession beginning on the East patio.  
Sunday, April 2<sup>nd</sup> **8:00 am** Mass with the Procession beginning on the East patio.  
Sunday, April 2<sup>nd</sup> **10:00 am** Mass will begin in the Memorial Garden  
With a Solemn Procession into the church.

### **Monday and Tuesday of Holy Week - April 3<sup>rd</sup> and 4<sup>th</sup>**

Mass begins at **8:30 am** on Monday April 3<sup>rd</sup> and Tuesday April 4<sup>th</sup>  
The Traditional Chrim Mass with the Blessing of the Oils and Eucharist -  
Presided by Bishop Eaton - will be at Trinity Cathedral in Downtown Miami at Noon.

### **Wednesday of Holy Week - April 5<sup>th</sup>**

Stations of the Cross: **6:30 pm.**  
Healing Service: **7:00 pm.**

### **Maundy Thursday - April 6<sup>th</sup>**

On Thursday (April 6<sup>th</sup>) there will be no 8:30 am morning Mass.  
The Eucharist with the traditional "Washing of the Feet" will begin at **7:00 pm.**  
The Great Watch will begin Maundy Thursday (April 6<sup>th</sup>) at 8:00 pm and will end at 12:00 PM Noon on Good  
Friday. Please sign-up on the sheet in the Chapel

### **Good Friday - April 7<sup>th</sup>**

Community Ecumenical Service at Plantation United Methodist Church (April 7<sup>th</sup>) from  
**12:00-3:00 pm.**  
**12:00 pm** Stations of the Cross in our church  
**3:00 pm** Traditional Good Friday Service with the Veneration of the Cross, Holy Communion and will also  
include the Service of Reconciliation and Burning of Sins.  
There will be a **7:00 pm** Stations of the Cross Youth Service on Good Friday, April 7<sup>th</sup>

### **EASTER Services - April 8<sup>th</sup> and April 9<sup>th</sup>**

Holy Saturday Night (April 8<sup>th</sup>) The Easter Vigil will be at **6:00 pm.**  
Baptismal Festival (Children and Adults will be baptized - and all will be invited to renew their own baptism)  
Sunday (April 9<sup>th</sup>) Traditional Easter Day Masses will be at **8:00 and 10:00 am.**  
Spanish Easter Day Service will be at **12:00 Noon**  
Easter Egg Hunt after the 10:00 am service