



Saint Benedict Episcopal Church

The Third Sunday in Lent

March 11 and 12, 2023 | 6pm, 8am and 10am

Welcome to Saint Benedict Episcopal Church - a church that feels like family! We are glad to have you worship with us today. If you are a newcomer, please complete a welcome card and place it in the offering plate, so we can extend a formal welcome.

THE HOLY EUCHARIST

Rite I of The Holy Eucharist begins on **page 323** of the Book of Common Prayer - and Rite II begins on **page 355**.

Prelude:

Processional Hymn: *Lead on, O King Eternal*

Hymnal 555

The Lenten Acclamation

+ Bless the Lord who forgives all our sins.

His mercy endures forever.

Collect for Purity

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Kyrie eleison

Lord have mercy

Christ have mercy

Lord have mercy

Collect for the Day

The Lord be with you.

And also with you.

***(8:00am Rite I): And with Thy Spirit.**

Let us pray.

Celebrant: Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

THE WORD OF GOD

A Reading from the Book of Exodus

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?" The Word of the Lord. **Thanks be to God.**

Psalm 95 *Venite, exultemus*

- 1 Come, let us sing to the LORD; *
let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
- 3 For the LORD is a great God, *
and a great King above all gods.
- 4 In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- 5 The sea is his, for he made it, *
and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, *
and kneel before the LORD our Maker.
- 7 For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- 8 Harden not your hearts,
as your forebears did in the wilderness, *
**at Meribah, and on that day at Massah,
when they tempted me.**
- 9 They put me to the test, *
though they had seen my works.
- 10 Forty years long I detested that generation and said, *
**"This people are wayward in their hearts;
they do not know my ways."**
- 11 So I swore in my wrath, *
"They shall not enter into my rest."

A Reading from the Letter of Paul to the Romans

Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance

produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord. **Thanks be to God.**

Gradual Hymn: *My Song is Love Unknown*

Hymnal 458 (Vs. 1, 2)

**The Holy Gospel of our Lord Jesus Christ according to John
Glory to You, Lord Christ.**

John 4:5-42

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord. **Praise to You, Lord Christ.**

Father, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;
That they may be delivered from their distress.

Give to the departed eternal rest.
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Confession of Sin

Deacon: Let us confess our sins against God and our neighbor.

All: **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

The Peace

The Peace of the Lord be always with you.
And also with you.

***(8:00am Rite I): And with Thy Spirit.**

Announcements

THE OFFERTORY

The people remain seated while an offering is received to support Saint Benedict's work of sharing God's love with the world. Please be generous – we count on your support year-round. You may also make a secure donation online at our website www.saintbenedicts.org.

Offertory Hymn: *I Surrender All*

LEVAS 133 (Vs. 1, Chorus; Vs. 2, Chorus)

Doxology

Old Hundredth

Praise God from whom all blessings flow, Praise Him all creatures here below: Praise Him above ye heavenly hosts, Praise Father, Son, and Holy Ghost. Amen!

THE HOLY COMMUNION

The Great Thanksgiving *The service continues on p. 361 (Rite I on p. 333) of the Book of Common Prayer*

Celebrant: The Lord be with you.

All: And also with you.

Celebrant: Lift up your hearts.

All: We lift them up to the Lord

Celebrant: Let us give thanks to the Lord our God.

All: It is right to give him thanks and praise.

***(8:00 am)** And with thy spirit.

***(8:00 am):** We lift them up unto the Lord

***(8:00 am):** It is meet and right so to do.

Preface

Sanctus

Holy, Holy, Holy

The people remain standing or kneel as the Celebrant continues with the Eucharistic Prayer, to which the congregation responds: Christ Has Died. Christ is Risen. Christ will come again

The Great "Amen" – Amen, Amen, Amen.

The Lord's Prayer

The Breaking of the Bread

Christ our Passover is sacrificed for us:

Therefore let us keep the feast.

Agnus Dei

Lamb of God

***(8:00 am):** Prayer of Humble Access

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Communion Hymns: *My Jesus, I Love Thee*

Spirit of God, Descend Upon My Heart

LEVAS 89 (Vs. 1,3,4)

LEVAS 119

The Post Communion Prayer

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now

into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart, through Christ our Lord. Amen.

***(8:00am Rite I):** Almighty and ever living God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

Final Blessing:

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

Recessional Hymn: *Great Is Thy Faithfulness*

1 Great is thy faithfulness, O God my Father,
There is no shadow of turning with thee;
Thou changest not, thy compassions, they fail not,
As thou hast been thou forever wilt be.

Chorus

Great is thy faithfulness!

Great is thy faithfulness!

Morning by morning new mercies I see;

All I have needed thy hand hath provided,

Great is thy faithfulness, Lord, unto me!

2 Summer and winter, and springtime and harvest,
Sun, moon and stars in their courses above,
Join with all nature in manifold witness,
To thy great faithfulness, mercy, and love.

Chorus

Great is thy faithfulness!

Great is thy faithfulness!

Morning by morning new mercies I see;

All I have needed thy hand hath provided,

Great is thy faithfulness, Lord, unto me!

Last Chorus:

Great is thy faithfulness!

Great is thy faithfulness!

Morning by morning new mercies I see;

All I have needed thy hand hath provided,

Great is thy faithfulness,

Great is thy faithfulness,

Great is thy faithfulness,

Lord, unto me!

The Dismissal

Let us bless the Lord.

Thanks be to God.

Postlude:

NEWS AND ANNOUNCEMENTS

The ECW March meeting

The ECW March Meeting will be held on Sunday, March 12, 2023 in St. Elizabeth's Room, immediately following the 10 am service. While all women are automatically a part of ECW, we welcome EVERY women to attend the meeting as we strive to strengthen this ministry. Refreshments will be served.

DOK Meeting and Sponsored Lunch:

The DOK Chapter Meeting has been rescheduled for Saturday, March 25th, 2023 from 10:00 - 12:00 in Stevens Hall at which time we will make Easter Baskets for our shut-ins. There will be NO meeting on Saturday, April 1. On Sunday, March 26, 2023, the DOK is sponsoring a lunch after the 10:00am service. All are welcome to attend.

Jobs Available:

If you are looking for a job, or know of someone looking for a job, there are positions available at the Broward Mall very close to our church. One of our parishioners is looking to hire people. If you are interested, please contact Ileana Cortes at 787-222-0513.

Chancel Choir:

We are inviting those who would like to help lead our worship and praise of God in song to join our choir. Male and female voices are all welcome to join. Please see Mr. Guy Shepherd after the 10:00 AM service for questions or come to the Thursday evening Choir rehearsal at 7:00 PM in the church.

Yoga in the Sanctuary:

We offer this ministry for anyone in the parish and/or the broader community. On Saturdays come and experience "Morning Glory"- start your day fresh and activate your energies. Join us for "Yoga in the Sanctuary" for adults with Nancy Ewers, our instructor. **Classes are every Saturday from 9:30 am to 10:30 am.**

LAST WEEK'S OFFERING TO GOD:

Online: \$5,300.00

Operating: \$7,223.41

Building: \$1,871.20

Total: \$14,394.61

Thank you for your dedication to your parish, and may God bless you for your generosity.

To sign up for ONLINE GIVING please visit our website and select the "Giving" tab

www.saintbenedicts.org



HOLY WEEK WORSHIP SCHEDULE

Palm Sunday - April 1st and April 2nd

Saturday, April 1st at **6:00 pm** with the Procession beginning on the East patio.
 Sunday, April 2nd **8:00 am** Mass with the Procession beginning on the East patio.
 Sunday, April 2nd **10:00 am** Mass will begin in the Memorial Garden
 With a Solemn Procession into the church.
12:00 PM *en español*

Monday and Tuesday of Holy Week - April 3rd and 4th

Mass begins at **8:30 am** on Monday April 3rd and Tuesday April 4th
 The Traditional Chrism Mass with the Blessing of the Oils and Eucharist
 will be at Trinity Cathedral in Downtown Miami at Noon.

Wednesday of Holy Week - April 5th

Stations of the Cross: **6:30 pm.**
 Healing Service: **7:00 pm.**

Maundy Thursday - April 6th

On Thursday (April 6th) there will be no 8:30 am morning Mass.
 The Eucharist with the traditional "Washing of the Feet" will begin at **7:00 pm.**
 The Great Watch will begin Maundy Thursday (April 6th) at 8:00 pm
 and will end at 12:00 PM Noon on Good Friday. Please sign-up to cover all hours.

Good Friday - April 7th

Community Ecumenical Service at Plantation United Methodist Church (April 7th)
 from **12:00-3:00 pm.**
12:00 pm Stations of the Cross in our church
3:00 pm Traditional Good Friday Service with the Veneration of the Cross, Holy Communion,
 and the Service of Reconciliation with the Burning of Sins.
7:00 pm Stations of the Cross with youth and children on Good Friday

EASTER Services - April 8th and April 9th

Holy Saturday Night (April 8th) The Easter Vigil will be at **6:00 pm.**
 Baptismal Festival (Children and Adults – and all will be invited to renew their own baptism)
 Sunday (April 9th) Traditional Easter Day Masses will be at **8:00 and 10:00 am.**
 Easter Day Service *en español* will be at **12:00 pm.**
Easter Egg Hunt after the 10:00 am service