

## ST. BENEDICT'S EPISCOPAL CHURCH

DIOCESE OF SOUTHEAST FLORIDA - ANGLICAN COMMUNION

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<u>Ash Wednesday</u> – We welcome you in the name of the Lord! Today is the seventh Wednesday before Easter Sunday, and it is also the first day of the Season of Lent. Its name comes from the ancient practice of placing ashes on worshippers' heads or foreheads as a sign of humility before God, a symbol of mourning and sorrow at the death that sin brings into the world. It not only prefigures the mourning at the death of Jesus, but also places the worshipper in a position to realize the consequences of sin. Ash Wednesday is a somber day of reflection on what needs to change in our lives if we are to be fully Christian.

In the early church, ashes were not offered to everyone but were only used to mark the forehead of worshippers who had made public confession of sin and sought to be restored to the fellowship of the community at the Easter celebration. Over time others began to show their humility and identification with the penitents by asking that they, too, be marked as sinners. Finally, the imposition of ashes was extended to the whole congregation in services similar to those that are now observed in many Christian churches on Ash Wednesday.

Ashes became symbolic of that attitude of penitence reflected in the Lord's Prayer: "forgive us our sins, for we ourselves forgive everyone who sins against us" (Luke 11:4, NRSV).

# **Ash Wednesday**

# **Holy Eucharist and Imposition of Ashes**

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

All are seated

## The Word of God (The Liturgy of the Word)

#### A Reading from the Prophet Isaiah

Isaiah 58:1-12

Thus says the high and lofty one who inhabits eternity, whose name is Holy: Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The LORD will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in. The Word of the Lord. People Thanks be to God.

The Gradual Psalm Psalm 103:8-14

- 8 The LORD is full of compassion and mercy, \* slow to anger and of great kindness.
- 9 He will not always accuse us, \* nor will he keep his anger for ever.
- He has not dealt with us according to our sins, \* nor rewarded us according to our wickedness.
- For as the heavens are high above the earth, \* so is his mercy great upon those who fear him.
- 12 As far as the east is from the west, \* so far has he removed our sins from us.
- As a father cares for his children, \* so does the LORD care for those who fear him.
- 14 For he himself knows whereof we are made; \* he remembers that we are but dust.

#### A Reading from Saint Paul's Second Letter to the Corinthians

2 Corinthians 5:20b-6:10

BELOVED: We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. As we work together with him, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see-- we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything. The Word of the Lord. *People Thanks be to God.* 

## **ALLELUIA** is not said or sung during the entire Season of LENT.

All respond: Glory and Praise to you Lord Jesus Christ...

Sequence Hymn: Now let us all with one accord

Hymnal 147 vss. 1,4,5

## The Holy Gospel

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew Matthew 6:1-6, 16-21

People Glory to you, Lord Christ.

AT THAT TIME: Jesus said, "Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven." So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you. "And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. "And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you. "Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

After the Gospel, the Deacon says: The Gospel of the Lord.

People Praise to you, Lord Christ.

#### The Sermon (Homily)

After the Sermon, all stand, and the Celebrant invites the people to the observance of a holy Lent, saying

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith. I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

The Celebrant, standing, asks God's blessing upon the ashes, saying

Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence that we may remember that it is only by your gracious gift that we are given everlasting life; through Jesus Christ our Savior. *Amen*.

Those receiving ashes come forward to kneel or stand at the altar rail: The ashes are imposed upon the forehead with the following words:

Remember that you are dust, and to dust you shall return.

All return to their seats and KNEEL in quiet prayer. When all have received ashes, all kneel and the following Psalm is then said by all in a quiet voice.

## Hymn: Lord, who throughout these forty days

#### Hymnal 142 vss. 1,2,3,4

## Psalm 51:1-15 Miserere mei, Deus

- Have mercy on me, O God, according to your loving-kindness; \* in your great compassion blot out my offenses.
- Wash me through and through from my wickedness \* and cleanse me from my sin.
- For I know my transgressions, \* and my sin is ever before me.
- 4 Against you only have I sinned \* and done what is evil in your sight.
- 5 And so you are justified when you speak \* and upright in your judgment.
- 6 Indeed, I have been wicked from my birth, \* a sinner from my mother's womb.
- For behold, you look for truth deep within me, \* and will make me understand wisdom secretly.
- Purge me from my sin, and I shall be pure; wash me, and I shall be clean indeed.
- 9 Make me hear of joy and gladness, \* that the body you have broken may rejoice.
- Hide your face from my sins \* and blot out all my iniquities.
- 11 Create in me a clean heart, O God, \* and renew a right spirit within me.
- 12 Cast me not away from your presence \* and take not your holy Spirit from me.
- Give me the joy of your saving help again \* and sustain me with your bountiful Spirit.
- I shall teach your ways to the wicked, \* and sinners shall return to you.
- Deliver me from death, O God, \* and my tongue shall sing of your righteousness, O God of my salvation.

#### A Litany of Penitence

All: Most holy and merciful Father: We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.

The Celebrant continues

We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

Have mercy on us, Lord.

We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

Have mercy on us, Lord.

We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives, *We confess to you, Lord.* 

Our self-indulgent appetites and ways, and our exploitation of other people,

We confess to you, Lord.

Our anger at our own frustration, and our envy of those more fortunate than ourselves,

We confess to you, Lord.

Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,

We confess to you, Lord.

Our negligence in prayer and worship, and our failure to commend the faith that is in us,

We confess to you, Lord.

Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,

Accept our repentance, Lord.

For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us,

Accept our repentance, Lord.

For our waste and pollution of your creation, and our lack of concern for those who come after us,

Accept our repentance, Lord.

Restore us, good Lord, and let your anger depart from us;

Favorably hear us, for your mercy is great.

Accomplish in us the work of your salvation,

That we may show forth your glory in the world.

By the cross and passion of your Son our Lord,

Bring us with all your saints to the joy of his resurrection.

The Celebrant stands and, facing the people, says this declaration of forgiveness.

Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. He pardons  $\maltese$  and absolves all those who truly repent, and with sincere hearts believe his holy Gospel.

Therefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord. *Amen*.

**The Peace** All stand.

Celebrant The peace of the Lord be always with you.

People And also with you.

### The Holy Communion (Liturgy of the Eucharist)

#### The Great Thanksgiving

CelebrantThe Lord be with you.PeopleAnd also with you.CelebrantLift up your hearts.PeopleWe lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

## The Celebrant proceeds, saying the Preface of Lent

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

#### Celebrant and People

Holy, holy, holy Lord, God of power and might, heaven and earth are full, full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

#### The people stand or kneel. Then the Celebrant continues

Eucharistic Prayer A

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *Amen*.

And now, as our Savior Christ has taught us, we are bold to say,

**The Lord's Prayer** The Celebrant and People

Our Father, who art in heaven, hallowed be thy Name,

thy kingdom come, thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

#### The Breaking of the Bread

Alleluia is not said during the entire season of Lent.

The Celebrant breaks the consecrated Bread and says

Christ our Passover is sacrificed for us;

People Therefore let us keep the feast.

#### **The Fraction Anthem**

Lamb of God, you take away the sins of the world; have mercy on us.

Lamb of God, you take away the sins of the world; have mercy on us.

Lamb of God, you take away the sins of the world; grant us your peace.

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God: take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

#### **OUR INVITATION TO YOU**

This is the Lord's Table where none are excluded and all are welcomed. Please come to the altar and share the Sacrament of Christ's Presence with us.

#### **The Post-Communion Prayer**

Celebrant: Let us pray.

All: Gracious Father, we give you praise and thanks for this Holy Communion of the Body and Blood of your beloved Son Jesus Christ, the pledge of our redemption; and we pray that it may bring us forgiveness of our sins, strength in our weakness, and everlasting salvation; through Jesus Christ our Lord. Amen.

## Communion Anthem: If I have wounded any soul today

Choir

The Celebrant adds this blessing, saying

God the Father bless you, God the Son heal you, and God the Holy Sprit give you strength. May God the holy and undivided Trinity guard your body, save your soul, and bring you safely to his heavenly kingdom where he lives and reigns for ever. *Amen* 

#### The Dismissal

The People are dismissed with these words

Deacon Let us bless the Lord. People Thanks be to God.

Recessional Hymn: The glory of these forty days

Hymnal 143



## St. Benedict's welcomes you to our Holy Week service

## Palm Sunday - March 23 and March 24

Saturday, March 23: **6pm** beginning on the East patio Sunday, March 24: **8am** beginning in the Memorial Garden with a Solemn Procession into the church.

12pm: Comienza con la procesión en la entrada de la iglesia

#### Monday and Tuesday of Holy Week – March 25 and 26

**8:30am:** Holy Eucharist

#### Wednesday of Holy Week – March 27

**6:30pm**: Stations of the Cross **7pm**: Healing Service

#### Maundy Thursday – March 28

On Thursday (March 28) there will be no 8:30am Mass

**7pm:** The Eucharist with the traditional "Washing of the Feet"

The Great Watch will begin Maundy Thursday (March 28) at 8pm and will end at 12 noon on Good Friday Please sign-up on the sheet in the Chapel

## **Good Friday – March 29**

12pm – 3pm: Community Ecumenical Service at Plantation United Methodist Church

**12Noon:** Stations of the Cross at St. Benedict's

**3pm:** Traditional Good Friday Service with the Veneration of the Cross, Holy Communion and will also include the Service of Reconciliation and Burning of Sins.

**7pm:** Stations of the Cross Youth Service

#### EASTER Services –Saturday, March 30

**6pm: Holy Saturday Night** (March 30) The Easter Vigil Baptismal Festival Children and Adults will be baptized. (*All will be invited to renew their own baptism al vows*)

## **EASTER Services -Sunday, March 31**

**8am and 10am:** Traditional Easter Day Masses *Easter Egg Hunt after the 10am service* **12pm:** Misa del domingo de resurrección (español)