



Saint Benedict's Episcopal Church  
**The Third Sunday in Lent**  
March 3 and 4, 2024 | 6pm, 8am, and 10am

*Welcome to Saint Benedict's Episcopal Church, a church that feels like family! We are glad to have you worship with us today. If you are a newcomer, please complete a Welcome Card and place it in the offering plate so we can extend our welcome beyond this service. Additional information about Saint Benedict's and our ministries may be found online at [www.saintbenedicts.org](http://www.saintbenedicts.org). The people's responses can be found in **BOLD**. The music for the service is taken from The Hymnal 1982 (H-1982) and Lift Every Voice and Sing (LEVAS). Let us prepare our hearts to celebrate in Word and Sacrament, the Risen Lord.*

**Voluntary: Air on the g-string**

Johann Sebastian Bach (1685-1750)

**Processional: The spacious firmament on high**

Hymn 409

**\*(6pm Cursillo): Shine, Jesus, Shine**

**The Lenten Acclamation**

+ Bless the Lord who forgives all our sins.

**His mercy endures forever.**

**Collect for Purity**

*Celebrant:* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**Kyrie eleison**

Lord have mercy *All: Lord have mercy*

Christ have mercy *All: Christ have mercy*

Lord have mercy *All: Lord have mercy*

**The Collect for the Day**

The Lord be with you. **And also with you. \*(8am) And with thy spirit.**

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

**THE WORD OF GOD**

**A Reading from the Book of Exodus**

**Exodus 20:1-17**

Then God spoke all these words: I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments. You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it. Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor." The Word of the Lord. *People: Thanks be to God.*

Psalm 19 *Caeli enarrant*

- 1 The heavens declare the <sup>1</sup>gl<sup>1</sup>ory of <sup>1</sup>God, \*  
and the <sup>1</sup>firmament <sup>1</sup>shows his <sup>1</sup>handiwork.
- 2 One day tells its <sup>1</sup>tale to an <sup>1</sup>other, \*  
and one night imparts <sup>1</sup>knowledge <sup>1</sup>to an <sup>1</sup>other.
- 3 Although they have no <sup>1</sup>words or <sup>1</sup>language, \*  
and their <sup>1</sup>voices <sup>1</sup>are not <sup>1</sup>heard,
- 4 Their sound has gone out into <sup>1</sup>all <sup>1</sup>lands, \*  
and their message to the <sup>1</sup>e<sup>1</sup>nds <sup>1</sup>of the <sup>1</sup>world.
- 5 In the deep has he set a pa<sup>1</sup>vilion for the <sup>1</sup>sun; \*  
it comes forth like a bridegroom out of his chamber;  
it rejoices like a <sup>1</sup>champion to <sup>1</sup>run its <sup>1</sup>course.
- 6 It goes forth from the uttermost edge of the heavens  
and runs about to the <sup>1</sup>end of it a<sup>1</sup>gain; \*  
nothing is <sup>1</sup>hidden from its <sup>1</sup>burning <sup>1</sup>heat.
- 7 The law of the LORD is perfect and re<sup>1</sup>vives the <sup>1</sup>soul; \*  
the testimony of the LORD is sure and gives <sup>1</sup>wisdom <sup>1</sup>to the <sup>1</sup>innocent.
- 8 The statutes of the LORD are just and re<sup>1</sup>joice the <sup>1</sup>heart; \*  
the commandment of the LORD is clear and gives <sup>1</sup>light <sup>1</sup>to the <sup>1</sup>eyes.
- 9 The fear of the LORD is clean and en<sup>1</sup>dures for <sup>1</sup>ever; \*  
the judgments of the LORD are true and <sup>1</sup>righteous <sup>1</sup>alto<sup>1</sup>gether.
- 10 More to be desired are they than gold, more than <sup>1</sup>much fine <sup>1</sup>gold, \*  
sweeter far than honey, than <sup>1</sup>honey <sup>1</sup>in the <sup>1</sup>comb.
- 11 By them also is your <sup>1</sup>servant en<sup>1</sup>lightened, \*  
and in keeping them <sup>1</sup>there is <sup>1</sup>great re<sup>1</sup>ward.
- 12 Who can tell how <sup>1</sup>often he of<sup>1</sup>fends? \*  
— <sup>1</sup>cleanse me from my <sup>1</sup>secret <sup>1</sup>faults.
- 13 Above all, keep your servant from presumptuous sins;  
let them not get do<sup>1</sup>minion <sup>1</sup>over me; \*  
then shall I be whole and sound,  
and <sup>1</sup>innocent of a <sup>1</sup>great of<sup>1</sup>fense.
- 14 Let the words of my mouth and the meditation of my  
heart be ac<sup>1</sup>ceptable in your <sup>1</sup>sight, \*  
O LORD, my <sup>1</sup>strength and <sup>1</sup>my re<sup>1</sup>deemer.

## **A Reading from the First Letter of Paul to the Corinthians**

**1 Corinthians 1:18-25**

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. The Word of the Lord. *People:* **Thanks be to God.**

**Sequence Hymn: Down at the cross where my Savior died**

LEVAS 28

**\*(6pm – Cursillo): Be Not Afraid**

**+The Holy Gospel of our Lord Jesus Christ according to John**

**John 2:13-22**

*People:* **Glory to you Lord Christ!**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken. The Gospel of the Lord. *People:* **Praise to you Lord Christ!**

**Sermon**

**The Reverend Debra McLaughlin, Deacon**

### **The Nicene Creed**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

### **The Prayers of the People (Form VI)**

In peace, we pray to you, Lord God.

For all people in their daily life and work;

***For our families, friends, and neighbors, and for those who are alone.***

For this community, the nation, and the world;

***For all who work for justice, freedom, and peace.***

For the just and proper use of your creation;

***For the victims of hunger, fear, injustice, and oppression.***

For all who are in danger, sorrow, or any kind of trouble;

***For those who minister to the sick, the friendless, and the needy.***

For the peace and unity of the Church of God;

***For all who proclaim the Gospel, and all who seek the Truth.***

For Michael our Presiding Bishop, Peter our Bishop, Father Albert our Rector, Deacon Deb, our retired clergy, and  
for all bishops and other ministers; ***For all who serve God in his Church.***

For the special needs and concerns of this congregation.

*Silence (The People may add their own petitions)*

Hear us, Lord;

***For your mercy is great.***

We thank you, Lord, for all the blessings of this life.

*Silence (The People may add their own thanksgivings)*

We will exalt you, O God our King;

***And praise your Name for ever and ever.***

We pray for all who have died, that they may have a place in your eternal kingdom.

*Silence (The People may add their own petitions)*

Lord, let your loving-kindness be upon them;

***Who put their trust in you.***

Today, in the Anglican Cycle of Prayer we remember the Province of Uganda.

We pray for those celebrating Birthdays and Anniversaries this week (Feel free to add names silently or aloud)

## Confession of Sin

Deacon: Let us confess our sins against God and our neighbor.

All: **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

## The Peace

The Peace of the Lord be always with you. **And also with you. \*(8am): And with thy spirit.**

## Announcements by the Rector

*Feel free to make a secure donation ONLINE [www.saintbenedicts.org](http://www.saintbenedicts.org) and go to "Online giving" or give by clicking on the QR CODE below... God bless you for your generous support!*



Offertory Hymn: **\*(8am)** There's not a friend like the lowly Jesus  
**\*(6pm – Cursillo): Just a Closer Walk**

LEVAS 90

Offertory Anthem: **(10 am)** I Lift Up My Soul

*To you, O Lord, I lift my soul. In you, my God, I place all my trust.  
Your way, O Lord, make known to me, and guide me in your truth, O Lord.*

*The law of the Lord is perfect, refreshing the soul;  
The decrees of the Lord are trustworthy giving wisdom to the meek.*

## Doxology

Praise God from whom all blessings flow

Old Hundredth

*Praise God from whom all blessings flow, Praise Him all creatures here below: Praise Him above ye heavenly hosts, Praise Father, Son, and Holy Ghost. Amen!*

## THE HOLY COMMUNION

### The Great Thanksgiving

*Celebrant:* The Lord be with you.

**All:** And also with you.

**\*(8am):** And with thy spirit.

*Celebrant:* Lift up your hearts.

**All:** We lift them up to the Lord.

**\*(8am):** We lift them up unto the Lord.

*Celebrant:* Let us give thanks to the Lord our God.

**All:** It is right to give him thanks and praise.

**\*(8am):** It is meet and right so to do.

## Preface

## Sanctus

## The Lord's Prayer

## Fraction Anthem at the Breaking of the Bread

*said during Lent*

### Agnus Dei

David Hurd

Lamb of God, you take away the sins of the world: have mercy on us.  
Lamb of God, you take away the sins of the world: have mercy on us.  
Lamb of God, you take away the sins of the world: grant us Thy peace.

### **\*(8am): Prayer of Humble Access**

*All:* We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

### Communion Hymn: There is a balm in Gilead

LEVAS 203

**\*(6pm- Cursillo): All to Jesus I Surrender**

### The Post Communion Prayer

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

### **\*(8am Rite I)**

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

### The Blessing +

### Recessional Hymn: Lift high the cross

Hymn 473

**\*(6pm – Cursillo): Pass it On**

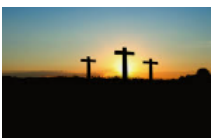
### The Dismissal

Go in peace to love and serve the Lord!  
Thanks be to God.

### Voluntary: Prelude & Fugue in e-minor BWV 555

Johann Sebastian Bach (1685-1750)

## NEWS AND ANNOUNCEMENTS



**Please join us on Wednesday evenings**

**Stations of the Cross: 6:30pm**

**Healing Service: 7pm**



**St. Benedict's Mother's Union Chapter will be celebrating their 20<sup>th</sup> Anniversary at the 10am service this Sunday, March 3, 2024.** The Annual Meeting will be held in the Parish Hall after the 10am Service.



**Easter Flowers and Music:** If you would like to make a donation for Easter Flowers and Easter Music, please complete the enclosed form. Please submit your request by Monday, March 18, 2024. With gratitude for your generosity.



**Volunteers need to organize the Easter Egg Hunt for the children on Easter Sunday.** Joanne Dussuau will be available to meet with you in the Narthex after the 10am Sunday service.



Thank you to everyone who participated in welcoming the families of Hope South Florida this past week. We were able to give the families a Christ centered, safe environment and surround them with fellowship, support, and comfort – and also an opportunity to enjoy and assist the children with homework, crafts, and companionship. A special thank you to The Brotherhood of St. Andrew, Mothers Union, ECW, Daughters of the King, Cursillo and all the parishioners who helped support this ministry by volunteering to stay overnight, provide money for necessities and for the gift cards. Because of your generosity, in addition to housing and feeding, we were able to send each family off with several gift cards and make a financial donation to Hope South Florida. Thank you again!



**Sunday School Volunteers Needed!** We are looking for Sunday School Teachers to join our vibrant community and ignite young hearts with the love of Christ. Please contact Joanne Dussuau at [joanne.lynn.michael@gmail.com](mailto:joanne.lynn.michael@gmail.com)



**The ECW Monthly meeting will be held on Sunday, March 10 after the 10am service in the St. Elizabeth's.** All women are part of the ECW and are invited to join to continue to strengthen this important ministry. Refreshments will be served.



**Friday morning Bible Study: 9:30am – 11am.** The group is studying the Old Testament books of Ezra, Nehemiah, and Esther. Everyone is invited to join us in the Church Conference Room.



**Choir rehearsals** take place on **Thursdays at 7pm** in the church. If you are interested in joining the Choir please come to rehearsal or see Daniel, our Choirmaster and Organist, for more information.

**LAST WEEK'S OFFERING TO GOD – IN PERSON AND ONLINE**

**Operating: \$7,455.44**  
**Building Maintenance: \$2,646.79**  
**Total: \$10,102.23**

**Thank you for your dedication to your parish, and may God bless you for your generosity.**  
**To sign up for ONLINE GIVING please visit our website and select the "Online Giving" tab.**  
**[www.saintbenedicts.org](http://www.saintbenedicts.org)**

**A gentle reminder:** Please pick up your Contribution Statements and Offertory Envelopes located in the Narthex.



### OUR CAMPAIGN PRAYER

*Oh God of Love, you have brought together from many nations the people of our parish family of Saint Benedict's.  
We thank you for the countless gifts which your Holy Spirit has bestowed upon this community of faith.  
We pray for the success of our Capital Campaign:  
May this be a time of generous and sacrificial giving,  
that we may all work together to build an enduring legacy of faith for future generations.  
We ask this in the most Holy Name of Jesus Christ our Lord.*



### SAINT BENEDICT'S EPISCOPAL CHURCH

DIOCESE OF SOUTHEAST FLORIDA – ANGLICAN COMMUNION

*Our mission is to know Christ's love, and to make it known*

*Nuestra misión es conocer el amor de Cristo y darlo a conocer*

#### Weekly Worship Schedule

**6:00 PM Holy Eucharist Rite II** ("Dog-friendly" Service)

SUNDAYS

**8:00 AM** (Rite I), **10:00 AM** (Rite II), **12:00 PM** (Misa en español) **Holy Eucharist**

TUESDAYS

**Holy Eucharist 8:30 AM**

WEDNESDAYS

**Stations of the Cross 6:30 PM**

**Healing Mass and Litany 7:00 PM**

THURSDAYS

**Holy Eucharist 8:30 AM**

FRIDAYS

**Bible Study 9:30 AM** (Church Conference Room)

**The Reverend Albert R. Cutié, Rector**  
**The Reverend Debra McLaughlin, Deacon**  
**Ms. Linda Schlepp-Gray, Parish Administrator**  
**Dr. Daniel Copher, Organist and Choirmaster**

**7801 NW 5<sup>th</sup> Street Plantation, FL 33324 • PHONE: 954-473-6578**

**PARISH EMAIL: [parishoffice@saintbenedicts.org](mailto:parishoffice@saintbenedicts.org)**

**VISIT US ON OUR WEBSITE: [www.saintbenedicts.org](http://www.saintbenedicts.org)**