



Saint Benedict's Episcopal Church  
Twelfth Sunday After Pentecost Sunday  
August 10 and 11, 2024 | 6pm, 8am, 10am

Welcome to Saint Benedict's Episcopal Church, a church that feels like family! We are glad to have you worship with us today. If you are a newcomer, please complete a Welcome Card and place it in the offering plate so we can extend our welcome beyond this service. Additional information about Saint Benedict's and our ministries may be found online at [www.saintbenedicts.org](http://www.saintbenedicts.org). The people's responses can be found in **BOLD**. The music for the service is taken from *The Hymnal 1982 (H-1982)* and *Lift Every Voice and Sing (LEVAS)*. Let us prepare our hearts to celebrate in Word and Sacrament, the Risen Lord.

Processional

Alleluia, sing to Jesus

Hymn 460

Opening Acclamation

*The people standing, the Celebrant says*

+Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and forever.**

*Celebrant* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid; cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria in Excelsis (*Refrain*)

*J. Chepponis*

Glo - ry to God in the high - est and  
peace to his peo - ple on earth.

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**\*(8am - Rite I)** Glory be to God on high, and on earth peace, good will towards men.

We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takes away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

## THE WORD OF GOD

The Collect for the Day

The Lord be with you.

And also with you.

**\*(8am)** And with thy spirit.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

**A Reading from the First Book of Kings****1 Kings 19:4-8**

Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. The Word of the Lord. *People* **Thanks be to God.**

**Psalm 34:1-8 *Benedicam Dominum***

(Spoken)

I will bless the LORD at all times; \*  
 his praise shall ever be in my mouth.  
 I will glory in the LORD; \*  
 let the humble hear and rejoice.  
 Proclaim with me the greatness of the LORD; \*  
 let us exalt his Name together.  
 I sought the LORD, and he answered me \*  
 and delivered me out of all my terror.  
 Look upon him and be radiant, \*  
 and let not your faces be ashamed.  
 I called in my affliction and the LORD heard me \*  
 and saved me from all my troubles.  
 The angel of the LORD encompasses those who fear him, \*  
 and he will deliver them.  
 Taste and see that the LORD is good; \*  
 happy are they who trust in him!

**A Reading from Paul's Letter to the Ephesians****Ephesians 4:25-5:2**

Putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. The Word of the Lord. *People* **Thanks be to God**

**Sequence Hymn****Blessed Jesus, at thy word**

Hymn 440

**+The Holy Gospel of our Lord Jesus Christ according to John****John 6:35, 41-51***People* **Glory to You, Lord Christ.**

Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven?'" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell

you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

*Deacon* The Gospel of the Lord. *People* **Praise to you, Lord Christ.**

## **Sermon**

**Rev. Robert Deshaies, Rector Emeritus**

### **The Nicene Creed**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

### **The Prayers of the People (Form VI)**

In peace, we pray to you, Lord God...

For all people in their daily life and work;  
*For our families, friends, and neighbors, and for those who are alone.*

For this community, the nation, and the world;  
*For all who work for justice, freedom, and peace.*

For the just and proper use of your creation;  
*For the victims of hunger, fear, injustice, and oppression.*

For all who are in danger, sorrow, or any kind of trouble;  
*For those who minister to the sick, the friendless, and the needy.*

For the peace and unity of the Church of God;  
*For all who proclaim the Gospel, and all who seek the Truth.*

For +Michael our Presiding Bishop, +Sean our Presiding Bishop-Elect, and +Peter our Bishop; Father Albert our Rector, Deacon Deb, our retired clergy, and all other ministers;  
*For all who serve God in his Church.*

For the special needs and concerns of this congregation.  
*(The People may add their own petitions)*  
Hear us, Lord;  
*For your mercy is great.*

We thank you, Lord, for all the blessings of this life.  
*(Feel free to add your prayers of Thanksgiving)*

We will exalt you, O God our King;  
*And praise your Name for ever and ever.*

We pray for all who have died, that they may have a place in your eternal kingdom.  
*Silence*

Lord, let your loving-kindness be upon them;  
*Who put their trust in you.*

We pray for our missionary Jacky, and for our partner churches, St. Michaels and All Angels, and the Women's Center in Madagascar.

Today in the Anglican Cycle of Prayer we remember the Anglican Church of Korea.

We pray for those celebrating Birthdays and Anniversaries this week...

**Confession of Sin**     *Deacon* Let us confess our sins against God and our neighbor.  
*All* **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

### **The Peace**

The Peace of the Lord be with you.

*People* **And also with you.**

**\*(8am) And with thy spirit.**

### **Announcements by the Rector**

*An offering is now taken for the work of the parish. Please be generous – We count on your support all year!  
Feel free to make a secure donation ONLINE at [www.saintbenedicts.org](http://www.saintbenedicts.org) and go to “Online Giving” or give by clicking on the QR CODE below... God bless you for your generous support!*



## THE HOLY COMMUNION

### The Great Thanksgiving

*Celebrant* The Lord be with you.

*All* And also with you.

**\*(8am)** And with thy spirit.

*Celebrant* Lift up your hearts.

*All* We lift them up to the Lord.

**\*(8am)** We lift them up unto the Lord.

*Celebrant* Let us give thanks to the Lord our God.

*All* It is right to give him thanks and praise.

**\*(8am)** It is meet and right so to do.

### Preface

### Sanctus

### The Lord's Prayer

### Fraction Anthem at the Breaking of the Bread

Douglas Major (b. 1953)

Al - le - lu - ia. Christ our Pass - o - ver is sac - ri - ficed for us;  
there - fore let us keep the feast. Al - le - lu - - - ia.

### Agnus Dei

David Clark Isele (1946-2016)

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: grant us Thy peace.

### **\*(8am)** Prayer of Humble Access

*All* We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

### Communion Hymn

### Taste and See

LEVAS 154

### The Post Communion Prayer

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

### **\*(8am Rite I)**

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the

mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing +

Recessional Hymn

I am thine, O Lord

LEVAS 129

The Dismissal

Go in peace to love and serve the Lord! Alleluia Alleluia!

Thanks be to God. Alleluia! Alleluia!



## NEWS AND ANNOUNCEMENTS

The clergy need your help! If you know of anyone from our parish family who has a sudden hospitalization, is sick, shut-in at home, or is at a rehab facility, please take a moment to call the parish office and leave us a detailed message with the name and phone number we can use to reach out. The Rector can be reached 24/7 at: **954-473-6578 ext. 2**. Sometimes we may already be aware, but other times we hear from some parishioners only many days later. We would like to pray and possibly visit those who need us in a timely manner. Thank you for your assistance.



**Rafiki AIDS Ministry (Kenya)**

*A ministry of Marafiki Global AIDS Ministry USA*

**August Mission of the Month: Marafiki**

**Marafiki Global AIDS Ministry** is a non-profit organization whose mission is to provide food, clothing accommodations, education, medical care, a safe Christian environment, and loving support to children worldwide who are affected by HIV/AIDS, specifically to the Rafiki Children's Center in Kikuyu town, Kenya. More information about the Ministry will be provided throughout the month. For questions, please contact Alicia Kelley or any member of the Mission Ministry. [Alicia.kelley@bellsouth.net](mailto:Alicia.kelley@bellsouth.net) or 954-439-0666.



**The Brotherhood of St. Andrew's, St. Benedict's Chapter, will hold their Monthly Meeting on Sunday, August 18** in the Rector's Conference Room after the 10am Service. All men and youth are invited to attend and bring a friend.



**St. Benedict's Mother's Union Chapter's Monthly Meeting is on Sunday, August 18** in the Deshaies Hall after the 10am service.

## Volunteer Opportunities



**Jubilee Food Pantry** (St. Ambrose) 2250 SW 31<sup>st</sup> Avenue, Ft. Lauderdale, Fl 33312  
Wednesdays 11am -2pm - Food Bag Assembly  
Saturdays 9am -12 noon - Food Bag Distribution  
**Contact Jubilee at 954-920-0106 for additional times**


### Jubilee Food Pantry Needs

Cereal, Pasta (12 or 16oz), Spaghetti Sauce, Peanut Butter and Jelly  
Canned Beans, Vegetables, Tuna, Soup, Fruit  
Donation Bins are located in the Narthex

**Seafarer's House Positions** Drivers, Ship Visitors, Administration Assistance  
**Contact Erica Sears 561-517-3062**



The **Church Periodical Club** is dedicated solely to providing free literature and related materials, both religious and secular, through grants to people worldwide who have no other source for obtaining them. Prayer books, books for seminarians, educational materials, medical textbooks, and agricultural manuals are some of the publications that The Church Periodical Club supplies. The National Books Funds makes grants to adults, including seminarians, and the Miles of Pennies Fund makes grants to children. Please support the National Book Fund and Miles of Pennies mission for our parish by making a donation from June 9, 2024 to August 25, 2024. Checks may be written to St. Benedict's Church with a notation in the memo "ECW CPC" or coin donations may be deposited in the Five Gallon Bottle in the Narthex.

 **Team St. Benedicts** is up and running and participating in **NamiWalks 2024**. NamiWalks is about people who think nothing of giving *everything* - their time, their stories, their heartfelt dedication to the cause: **Mental Health for All**. Last year was a great fellowship time at the event and we are hoping for the same level of enthusiasm this year. Please use the following link to join the team and or financially support our endeavor: [www.namiwalks.org/index.cfm?fuseaction=donorDrive.team&teamID=67232](http://www.namiwalks.org/index.cfm?fuseaction=donorDrive.team&teamID=67232)

The deadline to register or provide financial support is October 5, 2024.  
For additional information please contact Alan Dupuis at (954) 682-4130.

## LAST WEEK'S OFFERING TO GOD – IN PERSON AND ONLINE

Operating \$10,379.89  
Building Maintenance \$2,698.03  
Total \$13,077.92

Thank you for being so dedicated to your parish, and may God bless you for your generosity.

*To sign up for ONLINE GIVING please visit our website and select the "Online Giving" tab.*

[www.saintbenedicts.org](http://www.saintbenedicts.org)

## OUR CAPITAL CAMPAIGN PRAYER

*Oh God of Love, you have brought together from many nations the people of our parish family of Saint Benedict's. We thank you for the countless gifts which your Holy Spirit bestowed upon this community of faith.*

*We pray for the success of our Capital Campaign: May this be a time of generous and sacrificial giving, so that we may all work together to build an enduring legacy of faith for future generations. We ask this in the most Holy Name of Jesus Christ our Lord.*





