



Saint Benedict's Episcopal Church The Fourth Sunday After the Epiphany

January 31 and February 1, 2026 | 6pm, 8am and 10am

Welcome to Saint Benedict's Episcopal Church, a church that feels like family!

Black History Month is an annual celebration of achievements by African Americans and a time for recognizing their central role in U.S. history. Since 1976, every U.S. president has officially designated the month of February as Black History Month. Other countries around the world, including Canada and the United Kingdom, also devote a month to celebrating Black history. For our worship this month, we will be using many hymns from LEVAS (Lift Every Voice and Sing – An African American Hymnal of The Episcopal Church).

Rite I of The Holy Eucharist begins on **page 323** of the Book of Common Prayer - and Rite II begins on **page 355**.

Processional Hymn

Tell out, my Soul, the greatness of the Lord

Hymnal 438

Acclamation

The people standing, the Celebrant says

+Blessed be God: Father, Son, and Holy Spirit.

People *And blessed be his kingdom, now and forever.*

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria

Melodic Gloria

James J. Cheppanis



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***(8 am - Rite I)** Glory be to God on high, and on earth peace, good will towards men.

We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takes away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. **Amen.**

The Collect for the Day

The Lord be with you.

And also with you.

***(8 am)** And with thy spirit.

Celebrant Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE WORD OF GOD

A Reading from the Prophet Micah

Micah 6:1-8

Hear what the LORD says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the LORD, and you enduring foundations of the earth; for the LORD has a controversy with his people, and he will contend with Israel. "O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the LORD." "With what shall I come before the LORD, and bow myself before God on high? Shall I come before him with burnt-offerings, with calves a year old? Will the LORD be pleased with thousands of rams, with tens of thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?" He has told you, O mortal, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God? The Word of the Lord *People* **Thanks be to God.**

Psalm 15 *Domine, quis habitabit?*

(Chanted by the Choir at 10am)

- 1 LORD, who may dwell in your tabernacle? *
who may abide upon your holy hill?
- 2 Whoever leads a blameless life and does what is right, *
who speaks the truth from his heart.
- 3 There is no guile upon his tongue;
he does no evil to his friend; *
he does not heap contempt upon his neighbor.
- 4 In his sight the wicked is rejected, *
but he honors those who fear the LORD.
- 5 He has sworn to do no wrong *
and does not take back his word.
- 6 He does not give his money in hope of gain, *
nor does he take a bribe against the innocent.
- 7 Whoever does these things *
shall never be overthrown.

A Reading from Paul's First Letter to the Corinthians

1 Corinthians 1:18-31

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord." The Word of the Lord. *People* **Thanks be to God.**

Sequence Hymn

Thy Word

*Thy Word is a lamp unto my feet and a light unto my path
Thy Word is a lamp unto my feet and a light unto my path
When I feel afraid
Think I've lost my way
Still you're there right beside me
And nothing will I fear
As long as you are near
Please be near me to the end
Thy Word is a lamp unto my feet and a light unto my path
Thy Word is a lamp unto my feet and a light unto my path*

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew

Matthew 5:1-12

People Glory to you, Lord Christ.

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. "Blessed are those who mourn, for they will be comforted. "Blessed are the meek, for they will inherit the earth. "Blessed are those who hunger and thirst for righteousness, for they will be filled. "Blessed are the merciful, for they will receive mercy. "Blessed are the pure in heart, for they will see God. "Blessed are the peacemakers, for they will be called children of God. "Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. "Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

Deacon The Gospel of the Lord. *People* Praise to you Lord Christ

Homily

Father Albert Cutié, Rector

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People (Form IV)

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Lord, in your mercy

Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Lord, in your mercy

Hear our prayer.

We pray for all bishops, priests, and deacons; For +Sean our Presiding Bishop, and +Peter our Bishop; Father Albert our Rector, Deacon Deb, our retired clergy, and all other ministers.

Lord, in your mercy

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Lord, in your mercy

Hear our prayer.

We pray for our partner churches, St. Michael and All Angels, in Madagascar and for our missionary Jacky.

Today, in the Anglican Cycle of Prayer we remember the Church of England.

We pray for those celebrating Birthdays and Anniversaries this week *(Feel free to add names silently or aloud)*

Confession of Sin *Deacon* Let us confess our sins against God and our neighbor.

All **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

The Peace

The Peace of the Lord be always with you. And also with you. ***(8 am)** And with thy spirit.

Announcements by the Rector

*An offering is now taken for the work of the parish. Please be generous – We count on your support all year!
Feel free to make a secure donation ONLINE www.saintbenedicts.org and go to “Online giving” or give by clicking on
the QR CODE below... God bless you for your generous support!*



Offertory Anthem

“In Christ Alone”

Offertory Hymn 6pm, 8am

Blest are the pure in heart

Hymnal 656

Doxology

Praise God from whom all blessings flow

Old Hundredth

*Praise God from whom all blessings flow, Praise Him all creatures here below: Praise Him above ye
heavenly hosts, Praise Father, Son, and Holy Ghost. Amen!*

THE HOLY COMMUNION

The Great Thanksgiving

Celebrant The Lord be with you.

All And also with you.

***(8 am)** And with thy spirit.

Celebrant Lift up your hearts.

All We lift them up to the Lord.

***(8 am)** We lift them up unto the Lord.

Celebrant Let us give thanks to the Lord our God.

All It is right to give him thanks and praise. ***(8 am)** It is meet and right so to do.

Preface

Sanctus The Lord's Prayer

Albert Hay Malotte (1895-1964)

Fraction Anthem at the Breaking of the Bread

Douglas Major (b. 1953)



Agnus Dei

David Hurd

Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: grant us Thy peace.

***(8 am) Prayer of Humble Access**

All We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Communion Hymn

Jesu, Jesu

LEVAS 74

The Post Communion Prayer

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

***(8 am Rite I)**

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

Recessional Hymn

God will take care of you

LEVAS 183

The Dismissal

Go in peace to love and serve the Lord! Alleluia Alleluia!
Thanks be to God. Alleluia! Alleluia!

NEWS AND ANNOUNCEMENTS



WELCOME TO SUNDAY SCHOOL - 10am Service

ALL children and youth are WELCOME to participate in this year's exciting program



Bereavement Workshop

Beyond Grief and Loss

Sunday, February 1 | After the 10am Service | Rector's Conference Room and Labyrinth
Discover the **Labyrinth** as a tool to **handle loss** - a loved one, a pet, a job, a relationship, a move, or a major change in your life

Learn how Labyrinth is another safe space to cope with the emotional, physical, and spiritual feelings of grief

Facilitated by Deacon Deb McLaughlin, a certified bereavement support group facilitator



February Mission of the Month

Jubilee Food Pantry

We suggest that each person/family bring an item each week you attend a service

The following non-perishable items are being requested

Jarred Pasta Sauce, Peanut Butter, Jelly, Boxed Cereal

Cash contributions to the mission box are greatly appreciated as well

Seafarers House

Ship Visit | February 19 | 10am

We will leave the church at 9:30am or you may meet the group at Seafarers at 10am
Our crew loves chocolate, candy, peanuts in the shell or jar, almonds and coconut water

The crew would love to have a special T-shirt of a spiritual nature

We are looking for 13 people to sponsor our T-shirt Project with a \$20 donation

Each crew will be provided with a special T-shirt with a spiritual message of their choosing and our logo

Please Contact Allan 954.682.4130 for additional information



February is Black History Month

We'd love for all to participate in celebrating Black History month by wearing cultural clothing and/or colors to church on Sundays throughout the month of February. Be sure to wear a cultural outfit on **Sunday, February 15**, when we will be taking a group picture after the 10am service inside the church. All are encouraged and welcome to join the celebration.



Church Periodical Club Miles of Pennies (CPC)

Thank you Saint Benedict's Church family for your donations of \$698
Please go to the <https://churchperiodical.com> for the 2025 Grant Recipients



International Cuisine Luncheon

Deshaies Hall | February 8 | After the 10am Mass

\$20 for Adults and \$10 for Children 12 and under

For more information and to buy tickets please contact

Blossie Lewis 954.806.8241

Norma Shaw 954.673.2240

Fay Chambers 561.889.3841

Alicia Kelly 954.439.0666



Operating Fund, Building Maintenance, Capital Campaign

The 2025 Contribution Statements are available in the Narthex



Schedule Your Stroke & Cardiovascular Disease Risk Screening

St Benedict's Episcopal Church
Deshaies Hall

See Flyer in the Narthex



Friday, February 13, 2026
9 am – 5 pm

February Meetings

Mothers Union | Sunday, February 1 after the service | St. Elizabeth's

Daughter's of the King | Saturday, February 7 at 11am | St. Elizabeth's

Brotherhood of St. Andrew | Sunday, February 15 after the service | Rector's Conference Room

LAST WEEK'S OFFERING TO GOD

Operating \$6,827
Building Maintenance \$1,866
Total \$8,693

*Thank you for your dedication to your parish, and may God bless you for your generosity.
To sign up for ONLINE GIVING please visit our website and select the "Giving" tab. www.saintbenedicts.org*



SAINT BENEDICT'S EPISCOPAL CHURCH

DIOCESE OF SOUTHEAST FLORIDA – ANGLICAN COMMUNION

Our mission is to know Christ's love, and to make it known

Weekly Worship Schedule

SATURDAYS

9:30 AM Yoga in the Sanctuary
6:00 PM Holy Eucharist Rite II (*"Dog-friendly" Service*)

SUNDAYS

8:00 AM (*Rite I*), 10:00 AM (*Rite II*), 12:00 PM (*Misa en español*) Holy Eucharist

MONDAYS

Bible Study 7:00 PM

TUESDAYS

Holy Eucharist 8:30 AM

WEDNESDAYS

Healing Mass and Litany 7:00 PM

THURSDAYS

Holy Eucharist 8:30 AM

FRIDAY

Bible Study 9:00 AM

The Reverend Albert R. Cutié, Rector
The Reverend Debra McLaughlin, Deacon
Ms. Linda Schlepp-Gray, Parish Administrator
Mr. Ashworth Matthews, Organist and Choirmaster

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VISIT US ON OUR WEBSITE: www.saintbenedicts.org