



Saint Benedict's Episcopal Church
The Third Sunday of Lent
March 7 and 8, 2026 | 6pm, 8am and 10am

*Welcome to Saint Benedict's Episcopal Church, a church that feels like family! We are glad to have you worship with us today. If you are a newcomer, please complete a Welcome Card and place it in the offering plate so we can extend our welcome beyond this service. Additional information about Saint Benedict's and our ministries may be found online at www.saintbenedicts.org. The people's responses can be found in **BOLD**. The music for the service is taken from The Hymnal 1982 (H-1982) and Lift Every Voice and Sing (LEVAS). Let us prepare our hearts to celebrate in Word and Sacrament, the Risen Lord.*

Processional

(Cursillo 6pm)

God of grace and God of glory

Freely, Freely

Hymnal 594

The Lenten Acclamation

✠ Bless the Lord who forgives all our sins.
His mercy endures forever.

Collect for Purity

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Kyrie eleison

Lord have mercy **All Lord have mercy**
Christ have mercy **All Christ have mercy**
Lord have mercy **All Lord have mercy**

The Collect for the Day

The Lord be with you.
And also with you. *(8am) And with thy spirit.

Celebrant Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

THE WORD OF GOD

A Reading from the Book of Exodus

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?" The Word of the Lord. *People*
Thanks be to God.

- 1 Come, let us sing to the LORD; *
let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
- 3 For the LORD is a great God, *
and a great King above all gods.
- 4 In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- 5 The sea is his, for he made it, *
and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, *
and kneel before the LORD our Maker.
- 7 For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- 8 Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.
- 9 They put me to the test, *
though they had seen my works.
- 10 Forty years long I detested that generation and said, *
"This people are wayward in their hearts;
they do not know my ways."
- 11 So I swore in my wrath, *
"They shall not enter into my rest."

A Reading from Paul's Letter to the Romans

Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation. The Word of the Lord. *People* **Thanks be to God.**

Sequence Hymn

Jesus, remember me
*Jesus, remember me
when you come into your kingdom.
Jesus, remember me
when you come into your kingdom.*

*Jesus, remember me
when you come into your kingdom.
Jesus, remember me
when you come into your kingdom.*

Taizé

People Glory to you, Lord Christ

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord. *People Praise to you Lord Christ!*

Sermon**Father Albert R. Cutié, Rector****The Nicene Creed**

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,

true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People (Form I)

With all our heart and with all our mind, let us pray to the Lord, saying "**Lord, have mercy.**"

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord. **Lord, have mercy.**

For our Bishop, and for all the clergy and people, let us pray to the Lord. **Lord, have mercy.**

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.
Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.
Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.
Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord. **Lord, have mercy.**

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.
Lord, have mercy.

For the absolution and remission of our sins and offenses, let us pray to the Lord. **Lord, have mercy.**

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.
Lord, have mercy.

In the communion of the Blessed Virgin Mary, Saint Benedict - our patron - and all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To thee, O Lord our God.

Today, in the Anglican Cycle of Prayer we remember the Episcopal Church in Jerusalem and the Middle East.

We pray for St. Michael and All Angels Church our partner churches in Madagascar and our Missionary, Jacky.

We pray for those celebrating Birthdays and Anniversaries this week (Feel free to add names silently or aloud).

Confession of Sin *Deacon* Let us confess our sins against God and our neighbor.

All **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

The Peace

The Peace of the Lord be always with you. *People* **And also with you. *(8am)** **And with thy spirit.**

Announcements by the Rector

Feel free to make a secure donation ONLINE www.saintbenedicts.org and go to "Online giving "or give by clicking on the QR CODE below... God bless you for your generous support!



Offertory Hymn (6pm Cursillo)
(8am)

Be Not Afraid

My faith looks up to thee

Hymnal 691

Offertory Anthem (10 am)

God So Loved the World

Doxology

Praise God from whom all blessings flow

Old Hundredth

THE HOLY COMMUNION

The Great Thanksgiving

Celebrant The Lord be with you.

All **And also with you.**

***(8am)** **And with thy spirit.**

Celebrant Lift up your hearts.

All **We lift them up to the Lord.**

***(8am)** **We lift them up unto the Lord.**

Celebrant Let us give thanks to the Lord our God.

All **It is right to give him thanks and praise.**

***(8am)** **It is meet and right so to do.**

Preface

Sanctus

The Lord's Prayer

Albert Hay Malotte (1895-1964)

Fraction Anthem at the Breaking of the Bread

said during Lent

Agnus Dei

David Hurd

Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: grant us Thy peace.

***(8am) Prayer of Humble Access**

All We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Communion Hymn **(6pm Cursillo, 10am)**
(8am)

Here I Am Lord
Shepherds of soul, refresh and bless

Hymnal 343

The Post Communion Prayer during Lent

Loving God,
we give you thanks
for restoring us in your image
and nourishing us with spiritual food
in the Sacrament of Christ's Body and Blood.
Now send us forth a people,
forgiven, healed, renewed;
that we may proclaim your love to the world
and continue in the risen life of Christ our Savior. Amen.

✠ The Blessing

Recessional Hymn **(Cursillo 6pm)**
(8am, 10am)

Trust and Obey
Lead me to calvary

LEVAS 31

The Dismissal

Go in peace to love and serve the Lord!
Thanks be to God.

NEWS AND ANNOUNCEMENTS



WELCOME TO SUNDAY SCHOOL - 10am Service

ALL children and youth are WELCOME to participate in this year's exciting program

A safe and private communication group has been created for the Sunday School parents

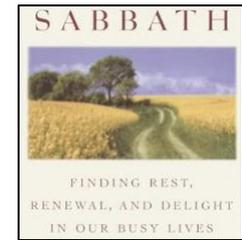
It will serve as secure space to share important updates, weekly lesson updates, event reminders and any schedule changes related to the children's ministry. **Parents** – please see Karla if you wish to be part of this group.



Stations of the Cross

6:30pm | Wednesdays

12 Noon | Fridays



Wednesdays in Lent

6:30pm Stations of the Cross

7pm – 8pm | In the Church

“Sabbath” by Wayne Muller

March Mission of the Month

Missionaries of the Poor



The **Missionaries of the Poor** is a Roman Catholic monastic religious institute of Brothers and Sisters dedicated to "Joyful Service with Christ on the Cross" to serve the poorest of the poor. It was started in 1981 by the Very Reverend Father **Richard Ho Lung** in Kingston, Jamaica, and has now grown to over 550 members from 13 countries.

For more information about this ministry please go to <https://missionariesofthepoor.org/>

Missionaries of the Poor representatives will speak at all of four services this weekend of March 7 and 8 and letting us know how St. Benedict's can assist in this wonderful ministry

You are encouraged to place a monetary donation in the Mission Box located in the back of the church



THE SANCTUARY CANDLE is given in loving memory of Betsy Shubert by her Saturday 6pm family and friends

A reception will be held in her honor in the Narthex after the 6pm service



Think BIG Think RED

The One Blood Bus Will Be Here

Sunday, March 8 | 8:30am-12:30am

\$20 Gift Card, Long Sleeved T-Shirt, Wellness Checkup

More Information and Sign-Up Sheet in the Narthex



Friends in Faith Luncheon

Deshaies Hall | Monday, March 16 | 11:30am – 2pm

Caribbean Luncheon

(Brown Stew Chicken, Salad, Rice and Peas, Vegetable, Dessert, Beverage)

Tickets are available for sale after all of the services (\$15)

All are welcome but tickets need to be purchased in advance

Questions - Please contact Allan at 954.682.4130

LAST WEEK'S OFFERING TO GOD

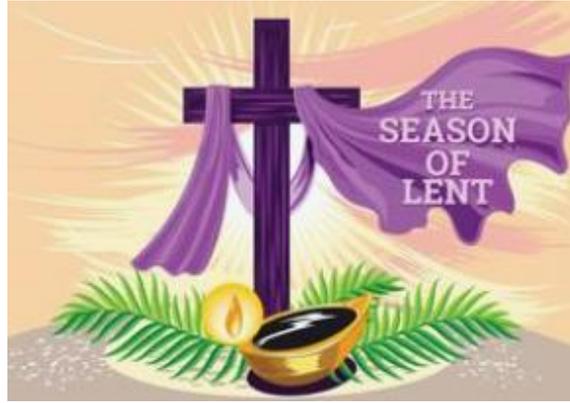
Operating \$8,700

Building Maintenance \$2,828

Total \$11,528

Thank you for your dedication to your parish, and may God bless you for your generosity.

To sign up for ONLINE GIVING please visit our website and select the "Giving" tab. www.saintbenedicts.org



SAINT BENEDICT'S EPISCOPAL CHURCH

DIOCESE OF SOUTHEAST FLORIDA – ANGLICAN COMMUNION

Our mission is to know Christ's love, and to make it known

Weekly Worship Schedule

SATURDAYS

Yoga in the Sanctuary 9:30 AM

6:00 PM Holy Eucharist Rite II (*"Dog-friendly" Service*)

SUNDAYS

8:00 AM (*Rite I*), **10:00 AM** (*Rite II*), **12:00 PM** (*Misa en español*) **Holy Eucharist**

MONDAYS

Bible Study 7:00 PM (Will resume April 6)

TUESDAYS

Holy Eucharist 8:30 AM

WEDNESDAYS

Stations of the Cross 6:30 PM

Special Lenten Program – "Sabbath" 7:00 PM

THURSDAYS

Holy Eucharist 8:30 AM

FRIDAY

Bible Study 9:00 AM (Will resume April 10)

Stations of the Cross 12 Noon

The Reverend Albert R. Cutié, Rector
The Reverend Debra McLaughlin, Deacon
Ms. Linda Schlepp-Gray, Parish Administrator
Mr. Ashworth Matthews, Organist and Choirmaster

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VISIT US ON OUR WEBSITE: www.saintbenedicts.org